

PERSONAL INFORMATION				
NAME (legal)		PREFERRED NAME	D.O.B.	SOC. SEC. NUMBER
SEX ASSIGNED AT BIRTH _ FEMALE _ MALE _ INTERSEX	SEX LISTED WITH HEALTH INSURANCE _ FEMALE _ MALE	WHAT IS YOUR GENDER IDENTITY? _ SAME AS SEX LISTED WITH INSURANCE _ OTHER _____	PREFERRED PRONOUNS _ HE/HIS/HIM _ SHE/HER/HERS _ THEY/THEM _ OTHER _____	
PERMANENT STREET ADDRESS:		CITY	STATE	ZIP CODE COUNTY
HOME PHONE: _____ CAN WE LEAVE A VOICE MAIL? _ YES _ NO	CELL PHONE: _____ CAN WE LEAVE A VOICE MAIL? _ YES _ NO CAN WE TEXT TO THIS NUMBER? _ YES _ NO	EMAIL ADDRESS: _____ CAN WE CONTACT YOU VIA E-MAIL? _ YES _ NO		
TEMPORARY ADDRESS (IF APPLICABLE)		CITY	STATE	ZIP CODE COUNTY
MARITAL STATUS _ SINGLE _ MARRIED _ DIVORCED _ WIDOWED	CHILDREN / AGES Biological# _____ Age(s) _____ Step# _____ Age(s) _____ Adopted# _____ Age(s) _____	OTHER MEMBERS OF THE HOUSEHOLD (If applicable)		

EMERGENCY CONTACT	
NAME:	EMAIL:
RELATIONSHIP:	PHONE NUMBER:

EMPLOYMENT			
OCCUPATION:	FULL-TIME	PART-TIME	RETIREMENT DATE
EMPLOYER NAME:	RETIRED	STUDENT	

PRIMARY INSURANCE				
SUBSCRIBER NAME	RELATIONSHIP TO PATIENT	SEX	D.O.B.	EMPLOYER
INSURANCE PROVIDER	SOCIAL SECURITY # OF THE INSURED	POLICY NUMBER	GROUP ID / PLAN NUMBER	

COUNSELING INFORMATION
CURRENT THERAPY TREATMENT
REFERRING PHYSICIAN (IF ANY):
HOW DID YOU HEAR ABOUT US?
CHIEF COMPLAINT: What is the reason you are seeking counseling?
HOW LONG HAVE YOU BEEN EXPERIENCING THIS ISSUE?

PREVIOUS TREATMENT

HAVE YOU ENGAGED IN COUNSELING / THERAPY FOR THIS ISSUE PREVIOUSLY? YES NO If YES, please explain

WHEN? _____

WHERE / WITH WHOM? _____

HAVE YOU EVER ENROLLED INTO A PROGRAM PREVIOUSLY? YES NO If YES, please explain

TYPE OF PROGRAM? Outpatient Psychotherapy Inpatient Psychiatric Outpatient Substance Abuse Inpatient Substance Abuse Self-Help/Peer Group

WHEN? _____

WHERE / WITH WHOM? _____

GENERAL HEALTH

HAVE YOU BEEN PREVIOUSLY HOSPITALIZED FOR A MENTAL ILLNESS? YES NO If YES, please explain

WHEN? _____

WHERE? _____

FOR WHAT CONDITION? _____

HAVE YOU EVER ATTEMPTED SUICIDE? YES NO If YES, please explain

ARE YOU CURRENTLY HAVING ANY SUICIDAL THOUGHTS? YES NO If YES, please explain

ANY ISSUES WITH MAINTAINING A HEALTHY APPETITE? YES NO If YES, please explain

ANY ISSUES WITH SLEEPING? YES NO If YES, please explain

SIGNIFICANT HEALTH ISSUES? YES NO If YES, please explain

CURRENT CONDITION OR POTENTIAL SYMPTOMS WHICH MAY WARRANT FURTHER MEDICAL ATTENTION? YES NO If YES, please explain

PHYSICAL HANDICAP? YES NO If YES, please explain

MEDICATION

ARE YOU TAKING ANY MEDICATION? YES NO If YES, please provide details below: PLEASE PROVIDE ATTACHED LIST IF GREATER THAN 5

1) MEDICATION NAME _____ DOSAGE _____ START DATE _____ END DATE / REFILL DATE _____ DOCTOR _____
LAST SEEN _____

2) MEDICATION NAME _____ DOSAGE _____ START DATE _____ END DATE / REFILL DATE _____ DOCTOR _____
LAST SEEN _____

3) MEDICATION NAME _____ DOSAGE _____ START DATE _____ END DATE / REFILL DATE _____ DOCTOR _____
LAST SEEN _____

4) MEDICATION NAME _____ DOSAGE _____ START DATE _____ END DATE / REFILL DATE _____ DOCTOR _____
LAST SEEN _____

ALCOHOL ABUSE

ALCOHOL INTAKE FREQUENCY? NEVER DAILY 3-4 TIMES A WEEK MONTHLY OCCASIONAL

HAVE YOU NOTICED AN INCREASE IN TOLERANCE? (Please explain) _____

ADDITIONAL DETAILS _____

DO YOU HAVE DIFFICULTY STOPPING AFTER FIRST DRINK? YES NO (IF YES, PLEASE EXPLAIN)

ADDITIONAL DETAILS _____

TYPE OF ALCOHOL PREFERENCE ? N/A BEER MIX DRINKS HARD LIQUOR OTHER (PLEASE SPECIFY)

ADDITIONAL DETAILS _____

ALCOHOL CONSUMPTION PER SITTING? N/A 1-2 DRINKS 3-4 DRINKS 5 OR MORE

ADDITIONAL DETAILS _____

ALCOHOL RELATED PROBLEMS? (PLEASE INDICATE AS APPROPRIATE) N/A FAMILY SOCIAL WORK PERSONAL SLEEP _____

BLACKOUTS / PASSING OUT / SEIZURES WITHDRAWALS COMPLICATIONS WITH MEDICATION _____

ADDITIONAL DETAILS _____

LENGTH OF ALCOHOL RELATED PROBLEMS? 1 MONTH OR LESS 6 MONTHS OR LESS 1 YR OR LESS LONGER THAN 1 YR LONGER THAN 5 YRS

ADDITIONAL DETAILS _____

ALCOHOL RELATED TREATMENT ATTEMPTS? N/A AA (OR SIMILAR PROGRAM) OUTPATIENT COMMUNITY SELF

ADDITIONAL DETAILS _____

SUBSTANCE ABUSE	AMOUNT	FREQUENCY		
		DAILY	WEEKLY	OCCASIONALLY
DO YOU USE ANY OF THE FOLLOWING?	VOLUME?			
MARIJUANA				
HEROIN				
COCAINE				
CRACK				
OTHER? (Please explain below)				
OTHER (if applicable) _____				
ADDITIONAL DETAILS _____				